



Stanislaus County Nutrition Action Plan (CNAP) Report June 2006 - February 2008

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Project Started

June 2006. Meeting monthly. Held a total of 18 meetings from June 2006 to February of 2008.

CNAP partners

Area Agency on Aging:	Senior Meals Program
Central California Child Development Services:	Child Care Food Program for Migrant Head Starts
Community Services Agency:	Food Stamp Program
FRAMAX:	Reimbursement for Childcare Food Program
Health Services Agency:	Healthy Eating Active Living Initiative Nutrition Network Program WIC Program
Modesto City Schools:	School Breakfast and Lunch Program, Summer Feeding Program
Salida Union School District:	School Breakfast and Lunch Program, Summer Feeding Program
Turlock Unified School District:	School Breakfast and Lunch Program, Summer Feeding Program
UC Cooperative Extension	Expanded Food and Nutrition Education Program

Goals and Objectives

Overall goal: Increase Fruit and Vegetable Consumption

Objectives:

1. Increase total participation in all FNS partner programs

2. All FNS funded programs will provide information, education, and resources to increase fruit and vegetable consumption in their target population
3. Work collaboratively to ensure national, state, and local nutrition related policy and initiatives to promote fruit and vegetable consumption
4. Maximize the use of California grown fruits and vegetables in all FNS programs

Collaborative Projects

- Development of a Food Assistance Resource Guide
- Development of a public awareness message to encourage school breakfast, to be placed as an advertisement in the local newspaper
- Food demonstration by WIC and Network staff at Food Stamp waiting area, using Food Stamp recipes
- Nutrition and Physical Activity presentations at senior meals program sites
- Nutrition education presentation at Turlock High School classrooms
- Sharing of WIC nutrition information with all childcare facilities funded by the childcare food program

Outcomes

- Local CNAP represented at the State's Strategic Assessment of the Child Care Nutrition Environment Task Force.
- All three school districts implemented SB 12 guidelines and wellness policy. Increased fruit and vegetable consumption in their school lunch program.
- All three school districts reported an increase in school lunch participation.
- Food Stamp reported an increase in participation after implementation of on line application.
- Migrant Head Start Nutrition Services modified menu to include more fresh fruits and vegetables, and implemented in-service training for teachers.
- Migrant Head Start working with local farmers for purchase of local produce.

Success Factors

- Understanding and appreciation of respective program guidelines, and operational issues and challenges. Mutual referrals.
- Partners have a forum to share ideas and information, coordinate services, to work towards a common goal.
- Guest speaker from State SNAP to listen to local concerns.
- Guest speaker from growers co-op to provide information on access to family farms and local produce.
- Meeting facility, with lunch, providing a place and time for partners to convene and collaborate.

Challenges

- Conflicting legislation and guidelines
- Budgetary constraints
- Agency rules and regulations

Future Planning

- Continue with monthly meetings for networking, collaboration, and sharing of information
- Continue to collaborate on nutrition education activities, such as staff training, food demonstration, teacher training, etc.
- Plan to implement one joint project for year 2008